



Bear/Keep something in mind

to remember something that is very important

- **Keep in mind** that some places are more dangerous than others for women travelling alone.

Cross your mind

if something crosses your mind, you suddenly think of it

- It **crossed my mind** that she might be lying about her age.
- Going to college never **crossed her mind** as she knew how expensive it is.

Food for thought

if you give someone food for thought, you make them think hard

- He knows so much that listening to him always gives me **food for thought**.

A gut feeling

a feeling or a reaction that happens fast without reasons

- Jack had **a gut feeling** that Sarah was lying.

We can also say "**a gut feeling, a gut instinct, a gut reaction**" they're all the same.

Lose the plot

if someone loses the plot, they become confused or crazy or no longer know how to deal with a situation

- Vicky works so many hours that she started **losing the plot**. She is making mistakes and keeps falling asleep on the job.

Memory and mind



Miles away

if someone is miles away, they are completely unaware of what is happening because they are thinking deeply about something else

- You didn't hear a word I said, did you? You were **miles away**.

A mind like a sieve

if you have a mind like a sieve or a brain like a sieve, you have a bad memory and often forget things

- He lost his keys again. He's got **a mind like a sieve**.

Fill in the blanks.

Fortunately, she knew that he had



Memory and mind